



# Newsletter

## Annual General Meeting:

Friday 10<sup>th</sup> November  
2023 5:30-6:30pm Dome  
Café Belmont or via  
Zoom. Please contact for  
more details.

## In this Issue:

- Welcome
- FFWA Inc New Legal Advice
- Call for new review into Fluoridation Safety
- New Evidence on Water Fluoridation
- **FFWA Mark 10th Years Anniversary**
- FFWA Membership
- Bumper Stickers: Fluoride not in my water

## Get Involved:

- [Join](#) the Team!
- Like and Share us on [Facebook](#), [Instagram](#) or [twitter](#)
- Purchase a FFWA bumper sticker, see page 2.

## Donate to FFWA Inc.

FFWA Inc.'s work depends on your donations. Contributions welcome at [fluoridfreewa.org](http://fluoridfreewa.org)

## Welcome to the Winter 2023 edition of the FFWA newsletter.

FFWA welcomes all our members and supporters and hope you are all keeping well. We also welcome the rain, giving fresh clean water to fill dams and rain-water tanks. FFWA sees an ever-increasing awareness in health matters and a focus on individual choice. FFWA will not give up on this vitally important issue of clean healthy water.

## FFWA Seek New Legal Advice

After repeated formal correspondence has been ignored by the Health Department, FFWA is now seeking new expert legal advice. We aim to explore fresh possibilities in the fight against water fluoridation. We expect this to open doors to innovative strategies and potential legal challenges.

As FFWA continues down this path, we call upon our members and supporters to stand united in advocating for safer alternatives and transparent public health policies. Together, we can pave the way towards a fluoride-free future for all.

We will keep you updated of the outcome.

## Evidence of Harm Too Big to Ignore

There is now considerable evidence contradicting the National Health and Medical Research Councils' (NHMRC) 2017 public statement "... no reliable evidence of an association between community water fluoridation at current Australian levels and any health problems." The 2014-2015 NHMRC review on the health effects of public water fluoridation is out of date and urgently requires updating.

On March 15th, 2023, The National Toxicology Program (NTP) of the USA Department of Health and Human Services published a draft review of all human studies of fluoride's effect on the developing brain. The NTP's conclusion confirmed and strengthened the findings from two earlier drafts released in 2019 and 2020. External peer-reviewers all agreed with the conclusion that prenatal and early life fluoride exposures can reduce IQ. The meta-analysis could not detect any safe exposure, including at levels common from drinking artificially fluoridated drinking water.

The NHMRC Public Statement 2017, "*Water fluoridation and human health in Australia: questions and answers*", mentions the "NHMRC monitors any new evidence, in particular any significant new body of evidence, including its quality and how applicable it is to Australian conditions. Council of NHMRC considers

guidelines and advice 5 years after publication and recommends to the NHMRC Chief Executive Officer if there is a need to update the publication, based on any new body of evidence”.

The NHMRC 2017 review into water fluoridation relied on data published prior to October 2014. These data are 8 years old and there have been several high-quality studies published since then which are at odds with NHMRC’s findings.

Because the neurotoxicity of fluoride has been shown to occur at the foetal stage of development, it changes by an order of magnitude the dose at which it can cause harm.

It is a concern that no newspaper or government department has issued any warnings to pregnant women regarding these published risks to the neurodevelopment of foetal brains.

The major sources of fluoride ingestion are fluoridated community drinking water, black tea, and foods processed with fluoridated water.

Sample list of studies in order, from most recent (published since NHMRC 1917 review) linking the effects of fluoride to childhood neurodevelopment.

See page three for references.

## FFWA Inc Membership Renewal - \$15

As FFWA Inc reaches our **10<sup>th</sup> Year**, we extend our gratitude for your unwavering support and commitment to this cause. Membership is only \$15 and helps us to keep working to raise awareness on water fluoridation and advocate for safer alternatives.

Your continued involvement empowers us to amplify our efforts in promoting healthy, fluoride-free communities. Together, we can make a lasting impact on public health and environmental well-being.

Thank you for being a vital part of the Fluoride Free WA Inc family.

You can join or update your membership via:

- a) PayPal at <http://fluoridefreewa.org/home/join/>

- b) Direct Deposit  
Fluoride Free WA Inc  
BSB: 016 498  
Account: 3933 98805

- c) Cheque or money order to:  
Fluoride Free WA Inc,  
PO Box 8009, Subiaco East, WA 6008

If paying by cheque, please include name, address, phone and email address. If paying by bank transfer, please include your name with the transfer, then email the transfer details to [treasurer@fluoridefreewa.org](mailto:treasurer@fluoridefreewa.org)

We look forward to seeing what the rest of the year has install and thank you for your continued support.

If you have any queries, please don't hesitate to contact us at [secretary@fluoridefreewa.org](mailto:secretary@fluoridefreewa.org)



## 50 Reasons to Oppose Fluoridation

Have you read Dr Paul Connett, PhD's publication '50 Reasons to Oppose Fluoridation?' It gives an insightful overview of the main topics of this topic. It is concise and comprehensive examination of the primary arguments against water fluoridation. It's a great way to help share the valuable insights into the subject.

You can uncover the entire publication [here](#).

## Fluoride: Not in My Water

Bumper stickers are available for current members. They will need to be collected or if posted please donate to cover post cost. Bumper stickers are also available for sale, only \$2 each (plus \$1 if posted. 2 per envelope). For more details contact [treasurer@fluoridefreewa.org](mailto:treasurer@fluoridefreewa.org)

---

**FLUORIDE: NOT IN MY WATER.**  
[www.fluoridefreewa.org](http://www.fluoridefreewa.org)

---

1. Goodman et al., 2022; [Iodine Status Modifies the Association between Fluoride Exposure in Pregnancy and Preschool Boys' Intelligence](#) published in *Nutrients*, 16 July 2022.
2. Till, C et al., 2019; [Fluoride exposure from infant formula and child IQ in a Canadian birth cohort](#). Published in *Environment International*, Volume 134, January 2020, 105315.
3. Green et al., 2019; [Association between maternal fluoride exposure during pregnancy and IQ scores in offspring in Canada](#). Published in *JAMA Pediatrics*, 19 August 2019.
4. Riddell et al., 2019; [Association of water fluoride and urinary fluoride concentrations with attention deficit hyperactivity disorder in Canadian youth](#). Published in *Environment International*; Oct 22, 2019.
5. Bashash et al., 2018; [Prenatal fluoride exposure and attention deficit hyperactivity disorder \(ADHD\) symptoms in children at 6-12 years of age in Mexico City](#). Published in *Environmental International*, 2018 Dec;121(Pt 1):658-666.
6. Till C, et al, 2018; [Community Water Fluoridation and Urinary Fluoride Concentrations in a National Sample of Pregnant Women in Canada](#). Published in *Environmental Health Perspectives*. 2018 Oct;126(10):107001.
7. Thomas et al., 2018; [Prenatal fluoride exposure and neurobehavior among children 1–3 years of age in Mexico](#). Published in *Occupational & Environmental Medicine*, 18 March 2018;75:A10
8. Bashash et al., 2017; [Prenatal fluoride exposure and cognitive outcomes in children at 4 and 6–12 years of age in Mexico](#). Published in *Environmental Health Perspectives* 19 September 2017.